



**Friday**  
**October 18, 2024**

# Heritage Woods Secondary

“WE ARE KODIAKS”



# Bell Schedule

Block 1	8:00 – 9:12
Block 2	9:16 – 10:28
FLEX	10:28 – 10:57
Block 3	11:01 – 12:13
<b>LUNCH</b>	<b>12:13 – 12:53</b>
Block 4	12:57 – 2:09
Block 5	2:13 – 3:25

# Digital Learning 10 Tutorials This Week!

Date	Student Last Name	Room
Tues Oct 15	Ahn - Campbell	300
	Candine – Danielov	301
Wed Oct 16	Dean - Glazier	301
	Grout – Johnston	Library
	Kashiwagi – Leung	300
Fri Oct 18	Soiseth – Wasylik	300
	Wells – Zhu	301
Mon Oct 21 (NORMALLY THURS)	Lewis – McLellan	300
	McMullen – Ra	301
	Radford – So	Library

*Missed your tutorial? See your DL teacher in the tech office ASAP*



# CLC MEETINGS CONTINUED

Mr. Ting- Wed. Oct.16th during Flex, Room: 214

Mr. Yun/Ms. Gay- Please watch for an email from them

Mr. Smith – Please watch for an email from him

Ms. Ross–Please watch for an email from her

Ms. Saloustros– Fri. Oct.18<sup>th</sup> during Flex, Room: Theatre

Ms. Wiebe – Tues. Oct.22<sup>nd</sup> during Flex, Room 305

\* If you can not make your CLC meeting please email your teacher.



# CLC MEETINGS

**Mr. Aitken- Wed. Oct.16th during Flex, Room:240**

**Mr. Baldus- Tues. Oct. 22<sup>nd</sup>, during Flex, Room 316**

**Ms. Ferrer – Wed. Oct.16th during Flex, Room: Library**

**Ms. Jarvis – Wed. Oct. 16th during Flex, Room: Theatre**

**Ms. Johal- please watch for an email from her**

**Ms. Lee- TBA- please watch for an email from her**

**Ms. Paisley – Wed. Oct.16th during Flex, Room: 232**

**\* If you can not make your CLC meeting please email your teacher.**



# Calling All Cadets

All Cadets who are participating  
in the Remembrance Day  
Ceremony are to report to the  
music room (102) on:

Friday, Oct. 18  
**LUNCH**

Additional cadets are welcome!  
Sign-up with Mrs. Fester in room 102



# SKI & SNOWBOARD TEAM

Are you an experience skier and snowboarder? Interested in competing against other schools on the mountain? There is an information meeting at LUNCH on FRIDAY (October 18<sup>th</sup>) in room 316. See Mr. Baldus for more info.



# Halloween

# Runway

# Sign Up form



due date -

october 25



# **FLEX**pectations

**FLEX is instructional time, not a break!**



- **Go to one of your four classes**
- **No cell phone use**
- **Only Grade 12S in the Grand Hall**
- **Library is for quiet work only**
- **Where you start is where you finish,  
no moving from class to class**

No homework?  
Read, Study, Review



# Fragrance Free

Reminder to all that SD43 is Scent Aware, and as such the district is asking for cooperation towards a scent reduced environment.

All staff, students and visitors are strongly encouraged to avoid or reduce the use of fragranced products, and to replace them with unscented alternatives.



# THE DOOR

## FALL '24 SHORT STORY CONTESTSECRET

\$50  
Amazon  
cards!

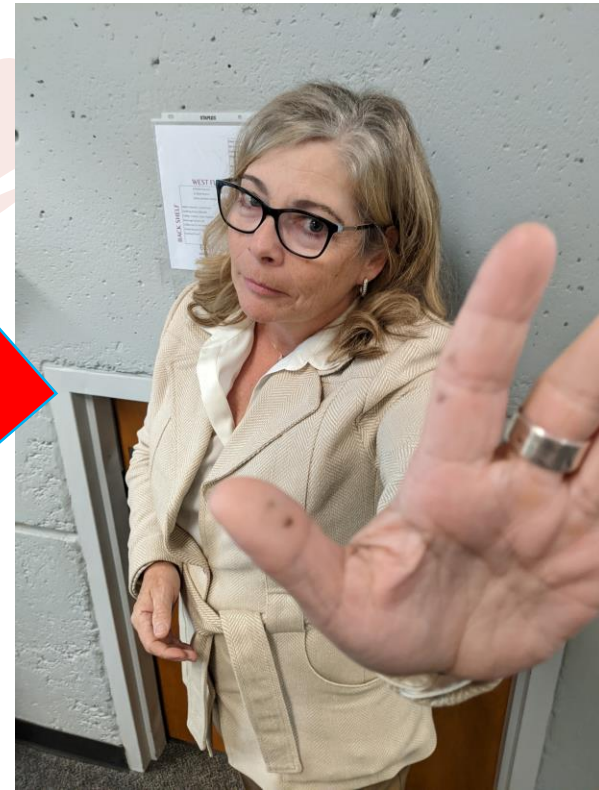
*The truth must be told!*

Entries due  
Monday,  
October  
28<sup>th</sup>



• Starbucks/Tim  
cards for 10  
lucky entries!

*What is  
Principal Woods  
trying to hide  
behind this door?*



# **HALLOWEEN PHOTO BOOTH**

BY PHOTO CLUB

**THURSDAY, 31 OCTOBER 2024**

**PERIOD 2 – 5, INCLUDES FLEX & LUNCH**

**OUTSIDE THE FRONT OF HWSS**

**\$2 for instax square  
free for digital**





# CLUBS



# HEALTH-SCIENCE



Want Health Science-Related Volunteer Opportunities?

Stay Up-to-Date on the Latest Health Science Info?

Connect with Peers and Professionals Who Share Your Interests?

**JOIN THE HEALTH SCIENCE CLUB!!!**

**Scan the QR Code to Get Involved!**



**Health Science**



**HWSS**

Teams Code

**2owv1vz**

Teams QR





PET PALS CLUB  
BUBBLE TEA  
FUNDRAISER

DATE: OCTOBER 24TH

LOCATION AND TIME: IN THE  
GRAND HALL AT LUNCH!!



BROWN SUGAR PEARL  
MILK TEA \$7.50

PEARL MILK TEA  
\$7.00



PRE-ORDER HERE!!



# CAREER CENTER







**UBC Vancouver**  
Black Student Space

Join the University of British Columbia

## **LEARN ALL ABOUT UBC & BLACK STUDENT RESOURCES**

Coquitlam Public Library  
City Center Branch, Room 136  
November 20  
12:00 pm Pacific Time

**Please register with** Post Secondary Advisor



THE UNIVERSITY OF BRITISH COLUMBIA

Okanagan Campus | Syilx Okanagan Nation Territory  
Mountain Campus | Musqueam Traditional Territory

[blackstudent.recruitment@ubc.ca](mailto:blackstudent.recruitment@ubc.ca) | [you.ubc.ca](http://you.ubc.ca) | [@ubcadmissions](https://twitter.com/ubcadmissions)



# SFU Applied Sciences Tech Tours

- **WOMEN IN TECHNOLOGY: ELECTRONIC ARTS (EA) TOUR**
- **OCTOBER 25 | 9:15 AM – 2:00 PM**
- Take a tour of Electronic Arts (EA), long considered one of the top organizations in digital interactive entertainment and explore some of your possible career options in applied sciences. This is followed by a lunch, presentation by the Faculty, and networking opportunities with faculty and students who can share their personal experiences as women in the industry. This event is designed for self-identifying female students with a strong interest in science, math and technology, as it provides hands-on insight into the impact you can make in real-world work environments.
- **POWERTECH LABS TOUR**
- **OCTOBER 25 | 8:15 AM – 1:00 PM**
- Explore careers in engineering and applied sciences at SFU with a tour of PowerTech Labs, a subsidiary of BC Hydro, where you'll see sustainable technology at work. This is followed by a lunch, presentation by the Faculty, showcase of engineering projects from current students and alumni, and networking opportunities with faculty and students. This event is ideal for those who are passionate about technology and its problem-solving applications and are eager to learn how innovation impacts our society and the environment.

SFU

**DISCOVER YOUR  
POTENTIAL**

## **APPLIED SCIENCES | TECH TOURS**

**Electronic Arts & Power Tech Labs**

**Friday, 25 October 2024**

## **TAKE THE NEXT STEP**

**GRADE 11 & 12 STUDENTS  
REGISTER HERE**



**Registration Deadline: October 18, 2024**

# UBC MD Outreach Youth Mentorship Program

- The MD Admissions Office recently launched the MD Outreach Youth Mentorship Program.
- This program connects high school students with UBC Medical Students to learn more about being a university student, learning about self-care, and applying to UBC medical school.
- If you are in grade 11 or 12 and would be interested in this program, please sign up using the link below:
- [https://ubc.ca1.qualtrics.com/jfe/form/SV\\_2uEgBVRnUSQ2nJk](https://ubc.ca1.qualtrics.com/jfe/form/SV_2uEgBVRnUSQ2nJk)

